

# **Athletics Club**

The first session of Athletics Club will meet on **Mondays and Wednesdays** from Aug. 6 - Sept. 19. The Club is open to all K - 6 students.

This first session will focus on indoor exercising. Students will perform a variety of workouts from yoga to interval circuits to hallway sprinting and many other exercises. If the weather cooperates and we get a day or two of tolerable temperatures, we may go outside for games of kickball or sharks and minnows.

*The Club will not meet on early-release or half-day schedules.*

The Club will meet on Mondays and Wednesdays from 3 - 3:50 pm. Students will either be walked to the drive-up circle for pick-up or to the after-care room. *Students not picked up by 4 pm will be taken to after-care and a guardian will need to sign them out.*

The cost for the entire session is \$40 for one day a week, \$60 for two days.

Please make checks payable to **John Mahnke** and return the registration form to the classroom teacher by Aug. 2. Space is limited for each day.

If you have any questions, please contact Coach M at [jmahnke@bbschl.com](mailto:jmahnke@bbschl.com) or call 480-560-5674.

After fall break, we will return to our typical Athletics Club format of focusing on a different sport - flag football, basketball, soccer and running - each day of the week. Registration for the next session will begin in mid-September.

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Student name:

Teacher:

Day(s) of participation:    Monday        Wednesday        Both

Contact phone number:

contact email:

Where will student be picked up:    Drive up circle

  Taken to after care

Parent signature: \_\_\_\_\_